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“Money Can’t Buy Happiness”

I differ with the statement that “Money Can’t Buy Happiness” because whoever mentioned that it is impossible to buy happiness then they did not spend their money right. There has to be some connection between money and happiness (Goudreau, 2011). If this was not the case, employees would not stay late at work and go through hardship to save and invest money. It appears that the relationship between money and happiness is more complex than it seems. Over the years psychologists and economists have collaborated in categorizing the whys, why nots and hows concerning the relationship between mood and money. Money can assist one in discovering more happiness if they know what they can and cannot anticipate from it. Therefore, seeking a good life at a hoard is considered a costly exercise in vanity. To purchase happiness the correct way it is necessary to know where one is going astray.

Besides, money takes away financial anxiety. The grounds that money convincingly escalates happiness levels until a point is that it requires a certain amount to experience financial satisfaction. More money means no anxiety when paying out rent, going to eat or shopping at the grocery shop. The thoughts and appreciation that you are free to buy things make you happier even after settling in at a standard amount of finances. Having sufficient amount of money to buy basic needs will for sure increase your level of happiness (Goudreau, 2011). Buying things, you need for daily survival without stress gives a person a certain level of joy in that they can survive based on the amount of money they make. The more money you make the more the items you can buy. Imagine the joy on a father’s or mother’s face if they can provide all the necessary things their family needs without struggling.

Consequently, most experiences that make people happy are bought. Money gives you the chance to have unforgettable experiences. Even though you do not require a lot of money to

get certain experiences, exploring the world comfortably requires a significant amount. Money spent on experiences gives people moments and memories of happiness that can be retracted. It is crucial to note that the experiences that one honestly enjoys are the ones they should pay for rather than what nature provides in that money spent is not money wasted. For example, if you hate concerts, then going to one is a waste of money. Notably, no matter how many people tell you that you are jealous, you should buy the experiences that only you can truly enjoy. Learning new things is also attributed to money (Goudreau, 2011). Paying to learn new skills and finding hobbies you love will result in making you much happier.

Again, there is a satisfactory feeling that comes when you feel that you have helped someone. Therefore, donating to charity and helping struggling family members play an important part in an individual's happiness. However, for you to do so, you require money. Similarly, when a struggling family member or charity organization receives money, they will be happy for it (Goudreau, 2011). This may have reduced their struggles a bit. Normally, sharing wealth with the less fortunate is valued to be a form of generating happiness for many people. The impact this has on these people is great and they will forever be grateful for the helping hand. If this does not make you happy then I do not know what will. For that reason, money has to be responsible for majority of peoples' happiness and satisfaction.

Reference

Goudreau, J. (2011). *Why Money Does Equal Happiness*. Forbes.

<https://www.forbes.com/sites/jennagoudreau/2011/03/14/why-money-does-equal-happiness/?sh=19d6dcc12a49>.

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